



CONSULTANTS IN MEDICAL ONCOLOGY AND HEMATOLOGY, PC

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HIGH PROTEIN, HIGH CALORIE DIET SUGGESTIONS

Cream soups

Carnation Instant Breakfast

Milkshakes

Ice Cream

Yogurt

Puddings

Custards

Whole milk

Cheese

Eggs

Peanut butter

Macaroni and Cheese

Supplements:

Ensure or Boost
Breeze, Resource

(Access Internet to purchase Resource and Breeze:
For example: www.NestleNutritionStore.com)